

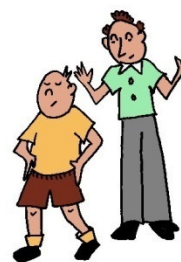
When I feel angry I can...



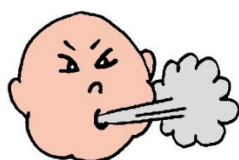
Stomp my feet



Bang a drum



Walk away



Take deep breaths



Tell someone



Exercise



Rest



Cry



Time by myself